



Katie Jameson

Katie is a community advocate, storyteller, and writer who weaves joy and grief into the fabric of everyday life. Her advocacy began in motherhood when her daughter, Kenzie, arrived, and their family embraced a beautiful shift into the world of Down syndrome. For Katie and her family, advocacy has become a love language.

Through her experiences navigating community and education systems, Katie recognized how many families lack the tools to support both their child and the teams around them. Over the last decade, she has transformed her family's journey into a doorway of understanding—creating a safe, supportive space online where thousands have fallen in love with a little girl and her family's story.

Katie is also a founder and board member of Down Syndrome BC, a grassroots advocacy organization working to expand access to supports and opportunities for people with Down syndrome across all ages. She is grateful for every opportunity to turn personal advocacy into collective progress.

**Parent
Perspectives**

**Disability
Advocate**

**Meaningful
Inclusion**

**Grief & Joy
Entwined**

Keynote & Workshop Sessions

Katie offers keynote and workshop sessions for educators, school staff and families. Sessions are typically 45, 60 or 90 minutes. Katie also offers 45-minute sessions for students.

Sessions can be stand-alone or can be grouped together based on the needs, interests, and needs of a community.

Explore the sessions listed below, and ask us about options to tailor a session for you!

For booking inquiries, email info@outsidepinconsulting.com

Session Descriptions

Side by Side: A comparative look at inclusion through two different lenses in the same education system

This session chronicles the story of Kenzie & Wally. Twins navigating the same school system, but Kenzie, who has Autism and Down Syndrome, is navigating a very different journey. Witnessing these two has defined and redefined what inclusion means for them as a family and how different that sometimes looks in the school system. Join Katie as she shares her family's story of the impact of mindset and how they are (still) navigating the barriers in today's educational system. We will reflect on how Kenzie's experience can empower inclusive decision making and advocacy efforts and have time for Q & A at the end.

Format: Keynote or Workshop (60 or 90 min)

Audience: All
(Can be adapted for early learning settings and community programs)

Welcome to Holland: Tulips Thrive When Communities Grow Them

Belief in belonging is beautiful – but true inclusion grows when communities plant the seeds of access, support and opportunity. A world where all people truly belong isn't just imagined – it's intentionally built.

Format: Keynote or Workshop (45, 60 or 90 min)

Audience: All

The Twins I Never Expected: Grief + Joy

This is a powerful reflection on Motherhood, grief, and the unexpected joy that emerges from holding both. Through the story of her twins — one with a dual diagnosis of Down syndrome and autism, and one without — Katie explores how grief and joy are not opposites, but inseparable forces that shape us. This talk is about the complexity and transformation that occurs when we stop resisting sorrow and begin trusting its role in expanding love.

Format: Keynote or Workshop (45, 60 or 90 min)

Audience: All



Session Descriptions

Demystifying Disability in Inclusive Classrooms

Katie will model a facilitated discussion with students about Disability and inclusion and will incorporate activities to help students understand what inclusion looks like, feels like and sounds like. Students will have opportunities to ask questions and see examples of inclusion in action.

Format: Classroom Session (45 min)

Audience: Students (Grades K-3 or 4-7)